



## ASSOCIATED COUNSELORS

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### **Kathy Cooper, MA, LMHC**

**239-404-6649 | [Kathrynm.cooper819@gmail.com](mailto:Kathrynm.cooper819@gmail.com)**

Kathy Cooper is a Licensed Mental Health Counselor and a graduate of Wheaton College with a Master's degree in Clinical Psychology. She brings with her to Riverside experience in private practice, working in a hospital, and counseling in community mental health centers. She enjoys counseling individuals, families, and couples in the areas of depression, anxiety, conflict resolution, anger management, addictions, grief/loss, parenting, adolescent adjustment, women's issues, spiritual growth, and Theophostic prayer.

### **Denise Zoldan, MSW, LCSW**

**239-919-4065 | [dczoldan@comcast.net](mailto:dczoldan@comcast.net)**

Denise Zoldan is a Florida licensed clinical therapist who believes every person is unique and uniquely loved by God. Denise focuses her counseling on helping people discover the source of their pain. Denise specializes in issues that affect women, including marriage and family difficulties, anxiety, depression and addiction. Denise also works with teens and young adults on issues including cutting, suicidal thoughts and promiscuity. Denise is trained also in Theophostic prayer.

### **Peggy Jackson, MSW, LCSW**

**239-482-8581 ext. 202**

Peggy Jackson has a BA from the University of Miami, and a Master of Social Work from the Barry College (Licensed Clinical Social Worker). She has 32 years of experience in private practice as a Christian counselor and 14 years at a community mental health center in addition to 2 years in a facility for emotional illness. Peggy has been teaching seminars and facilitating groups on marital issues, parenting, depression, grief, sexual abuse, and Theophostic prayer. She also has very extensive experience in counseling women who have crisis pregnancies.

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**Bethaney Hoffacker, LMHC**  
**Mental Health Counselor, SWFLA Counseling, PA**  
**941-258-6944**

Bethaney Hoffacker is a faith-based, licensed mental health counselor and member at Riverside Church. She has experience working in private practice and various non-profit agencies in southwest Florida, providing counseling to people who are coping with everything from everyday stressors and struggles to mental illness. Bethaney has experience working with both adolescents and adults, and she excels at counseling people who are struggling with co-occurring mental health and substance use disorders. She believes that the way we think and believe has an impact on how we feel and act. She helps people to overcome unrealistic and self-defeating beliefs, allowing people to think, feel, and act in healthier and more productive ways.

**Tara Moser**  
**239-540-1155**

Family Counseling – Refer children

**Riverside Church Counseling Center**  
**239-689-6884**

**WWW.RIVERSIDECHURCH.ORG**

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## RECOMMENDATIONS

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**Ron Cook, M.Div, LMHC, BCCC**  
**Abundant Life Christian Counseling**  
**[www.alcounseling.com](http://www.alcounseling.com)**  
**(239) 277-1506 or (239) 676-0947**

Ron has received the Bachelor of Arts degree from Mississippi College and the Master of Divinity Degree with Specialization in Psychology and Counseling from New Orleans Baptist Theological Seminary. Ron's approach to counseling is an integration of Biblical truths and Psychological concepts and methods. Ron is a Licensed Mental Health Counselor (FL license # MH11071), a Board Certified Christian Counselor with the International Board of Christian Counselors, and a member of the American Association of Christian Counselors. Ron's education and experience have equipped him to deal with a number of life's problem including anxiety, depression, mental health concerns, anger, PTSD, and many others. In addition Ron specializes in marital and premarital counseling and recovery from childhood physical and sexual abuse and other traumatic memories.

Location:

10501 Six Mile Cypress Pkwy., Suite 107  
Fort Myers, Florida 33966

**Elizabeth McDowell, IMHC**  
**Registered Mental Health Counselor Intern, SWFL Counseling**  
**8280 College Pkwy Suite 103 Ft Myers FL 33919**  
**[swflcounsel.com](http://swflcounsel.com)**

Elizabeth McDowell is a Christian mental health counselor, and a graduate of Liberty University where she received a Master's degree in Professional Counseling. She has worked with a variety of clients and issues, but she has a passion for working with adolescents and their families, young adults, and married couples. She also has a passion for working with individuals struggling with depression, anxiety, self-esteem issues, and relational distress.

Elizabeth works to help her clients identify and overcome negative beliefs and thought patterns that result in dysfunctional ways of behaving. She wants her clients to leave their sessions with more insight and understanding, with more grace for themselves, and with more tools to equip them for lasting change. She also believes that a person's faith is an essential part of their journey in counseling, and she incorporates that in sessions by approaching issues from a biblical perspective, and utilizing spiritual techniques in steps for change.

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